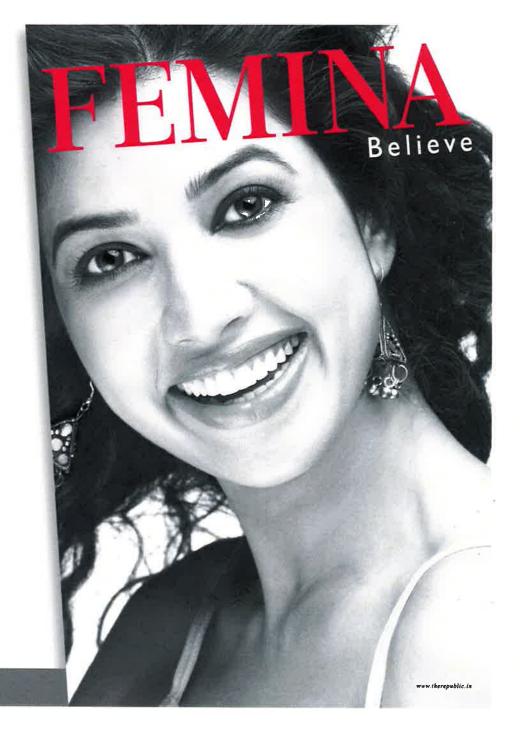
Because of hot popcorn, good jokes, old books rediscovered, new friends made, sudden gifts, slow Sundays, diets that work, men with dimples, men with dimples who smile at me, I believe.



I am dark, fair, 14, fat, 40. I love my mom in law, jokes, my boyfriend, love stories, my mirror. I've never dieted, told lies, been kissed, been alone. I want my space, love, a big raise, kids. I cry, I learn, I trust, I believe.



More than 53,000 women from across the country responded to the recent Femina Believe drive. 53,000 varied beliefs. One positive, passionate voice.

I fall and I pick myself up. I lose hope yet I dream. I am lost and I find myself again. I cry and I laugh through my tears. I despair yet I believe.



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